## What will my child need?

Children will change into their Forest
School kit at school just as they would for
PE. Children must be protected from the extremes of
weather - many layers



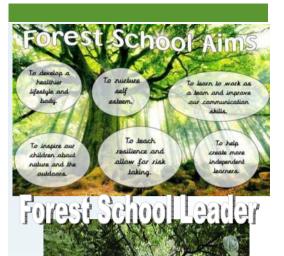
of all clothing is better than one thick item of clothing. Please follow the kit list below. Arms and legs must be covered at all times.



Essential Warm base
Layers (i.e. vest, long
sleeved top, jumper,
jogging bottoms. Coat/
fleece & or Waterproof

coat. Thick socks or two pairs of medium thickness. Wellies or sturdy walking boots which keep their feet dry. Highly Desirable Waterproof trousers Hat and Gloves





## What are our aims?

Through the Forest School ethos we aim to provide children with opportunities to take measured risks, learn more about themselves and their relationships with others. Under the guidance of a fully qualified Forest School Leader we aim for all children to experience nature in a natural, safe, secure and supported environment. We aim to use this approach with our children for them to be independent, self-motivated, courageous, and considerate setting them up for life-long learning. Under the guidance of a Level 3 Forest School









We are pleased to announce Daubeney and Lauriston will run weekly Forest school sessions from September.

Autumn Term Year 2 Spring Term Year 1 Summer Term Reception



Forest School is a holistic approach and provides opportunities for children to develop their communication and social skills, they will also develop physically, intellectually and emotionally through connections they make with nature and the forest environment.





Forest School principles were first brought to the UK in the 1990's from the highly successful Scandinavian practice. The forest schools operate on the principle that children of all ages can benefit greatly from the hands on learning opportunities inherently presented 🕍 in a outdoor

environment. Children learn best from first hand experiences. Exploring, playing and so learning using a range of activities is what forest school is all about. Building a sense of independence, high self esteem and team work are important parts of forest school, but health and safety considerations are always of paramount importance.









Under the guidance of a Level 3 Forest School Leader children will experience a range of activities. All curriculum areas can be taught within the Forest school with some being taught through activities such as;

- Building Dens
- Bug hunting
- Using hand tools





We are
exceptionally
lucky to have
access to parks,
within walking
distance from
our schools.
Each session in
the Forest
school lasts